

Mary Lou Fraser Foundation For Families, Inc. 2019 Annual Report



Mary Lou Fraser Foundation for Families, Inc.

203 MARY LOU DRIVE, HINESVILLE, GEORGIA 31313 912-369-7777



Fraser Counseling Center

A Division of the Mary Lou Fraser Foundation for Families

LETTER FROM THE DIRECTOR

Dear Friends,

On behalf of the Mary Lou Fraser Foundation for Families Inc., I am pleased to provide our 2019 annual report. This year's summary provides important information about the Fraser Counseling Center (FCC) and Helen's Haven Children's Advocacy Center (HHCAC), both of which operate under the umbrella of the Mary Lou Fraser Foundation for Families, Inc. As always, we are grateful to you – our donors, funders, and community members – for the support you provide to make our work possible.

Weighing heavily on our minds and hearts is the current COVID-19 coronavirus pandemic. Please know that we continue to respond to this evolving health crisis. Our staff and providers at the Fraser Counseling Center and Helen's Haven CAC are helping around-the-clock to guide and steady our clients' mental health during this difficult time. We have recently implemented services to continue to serve our clients and will share with you our outreach and efforts throughout the extent of the crisis.

On a lighter note, in 2019 the Fraser Counseling Center and HHCAC achieved a number of client, organizational, and community goals, including:

- Offering affordable, quality mental health care and supportive healing for children, individuals, and families in Liberty County and surrounding areas (FCC and HHCAC)
- Offering low or no-cost therapy and other services to those in need (FCC and HHCAC)
- Increasing fiscal reporting and data collection methods (FCC)
- Strategic planning for 2020-2023 (FCC and HHCAC)
- Moving toward the adoption of an electronic check-in process (FCC)
- Expanding office space and staff in an effort to meet community needs (HHCAC)
- Training of interns and future providers (FCC and HHCAC)
- Collaborating with Ft. Stewart to strengthen services for victims and referral coordination (HHCAC)

Only with your support could we provide the training, manpower, and expertise to intervene when our community needs us most.

We continue our commitment to the community by offering services to those who are under- or uninsured. Approximately 42% of our client base is unable to fully pay for services. Offering care for our area's most at-risk people is a core tenant of our mission and vision.

LETTER FROM THE DIRECTOR

Through our Scholarship Fund, we are able to offer no cost therapy for those in need. Please consider a **Scholarship Fund tax-deductible gift today**. One hundred percent of your donation will be utilized to cover unreimbursed mental healthcare costs. What an important contribution you can make, **especially during these uncertain and trying times**.

We sincerely thank each of you who are integral to continuing our important services to the community and to carry on Dr. Fraser's commitment to the health and wellbeing of all people living in and around Liberty County.

Sincerely,

Teresa Winn, Executive Director



BOARD OF DIRECTORS

Sherry Somerville, President

Joe Ford, Vice President

Sandra Jenkins, Secretary

Laura Stafford, Treasurer

Clint Fraser

Tara Jennings

Karen Krupp

Seth Borquaye

Dennis Waters

ABOUT US

FRASER COUNSELING CENTER

MISSION

We believe the healing of body, mind, and spirit is accomplished with the help of caring people. Our mission is to enrich the lives of all who come to us by providing professional counseling, community education, and emotional support in a Christian environment.

VISION

The vision of the Fraser Counseling Center is to be the premier leader in providing behavioral health services, inspiring healing and hope to all who come to us.



HELEN'S HAVEN CHILDREN'S ADVOCACY CENTER

MISSION

To reduce trauma of youth in a safe, non-threatening, child-friendly environment for the evaluation of suspected child abuse and to provide supportive healing to the client and non-offending caregivers.

VISION

To provide comprehensive, trauma-informed support to all child victims of abuse and family violence and to provide prevention education resources and activities which support the reduction of the victimization of children in our community.

FRASER COUNSELING CENTER 2019 IMPACT

The Fraser Counseling Center offers individual, family, and child therapy utilizing a variety of evidence-based treatment modalities. In 2019, we provided:

3,836 TOTAL THERAPY SESSIONS

676 SCHOOL-BASED SESSIONS FOR CHILDREN

FOR 595 UNIQUE CLIENTS

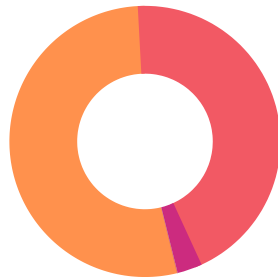
INCLUDING 98 STUDENTS



HEALTH INSURANCE STATUS

The vision of Dr. Whit Fraser was to offer treatment and support to all people in need, regardless of the ability to pay. Because almost half of the individuals we treat are either uninsured or underinsured (42%), we have established the Fraser Counseling Center Scholarship Fund to cover the cost of unreimbursed expenses.

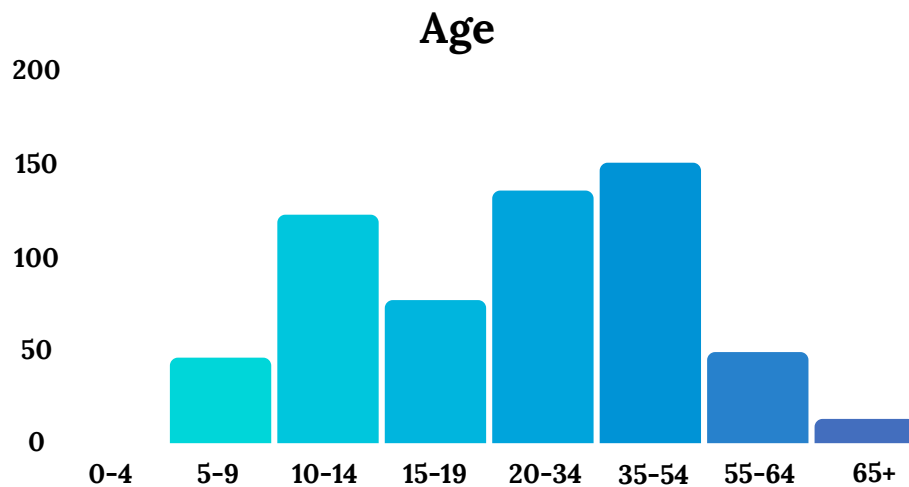
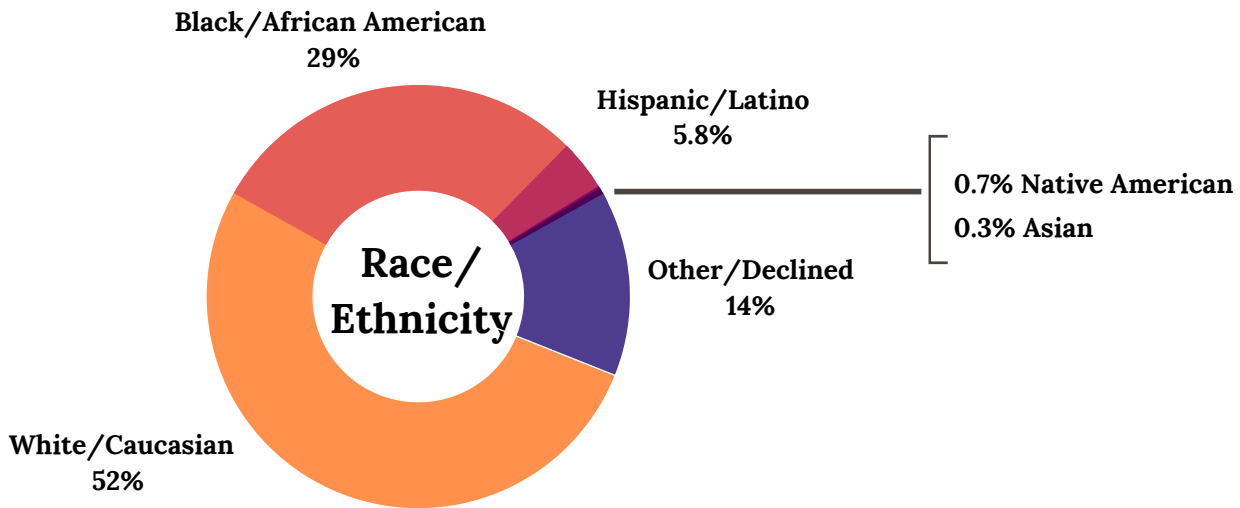
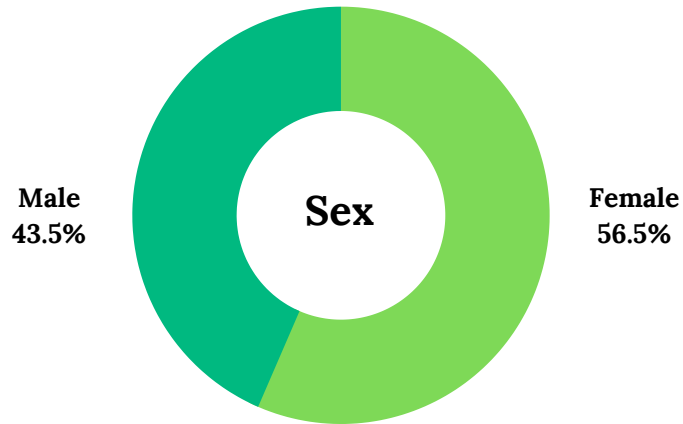
58% INSURED



38% UNINSURED

4% UNDERINSURED

FRASER COUNSELING CENTER CLIENT DEMOGRAPHICS



HELEN'S HAVEN 2019 IMPACT

The purpose of Helen's Haven Children's Advocacy Center is to reduce youth trauma in a safe, non-threatening, child-friendly environment. In 2019, we provided trauma-informed, evidence-based services including:

1,972 INDIVIDUAL AND FAMILY THERAPY SESSIONS

2,412 OUTREACH AND PREVENTION CONTACTS

251 FORENSIC INTERVIEWS



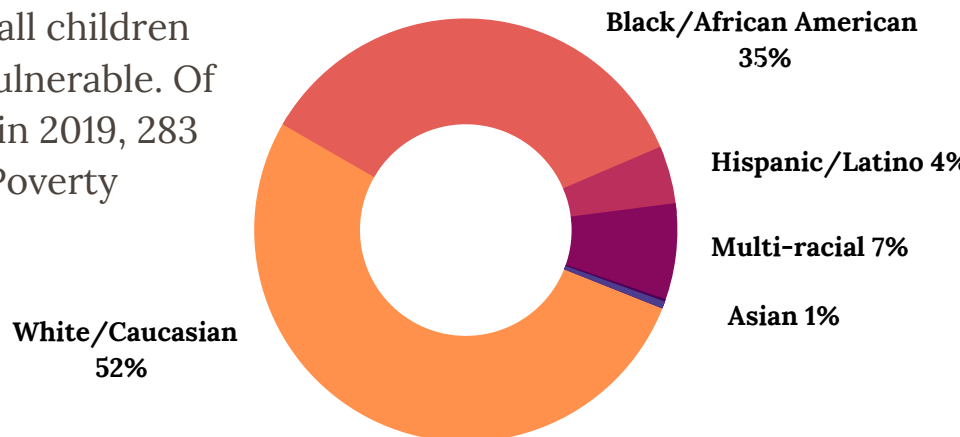
SERVICES

Helen's Haven Children's Advocacy Center offers the following services for children aged 3 to 17, their non-offending caregivers, and families:

- Crisis intervention
- Forensic Interviews
- Trauma assessments
- Trauma-informed therapy
- Advocacy and support
- Workshops and prevention services

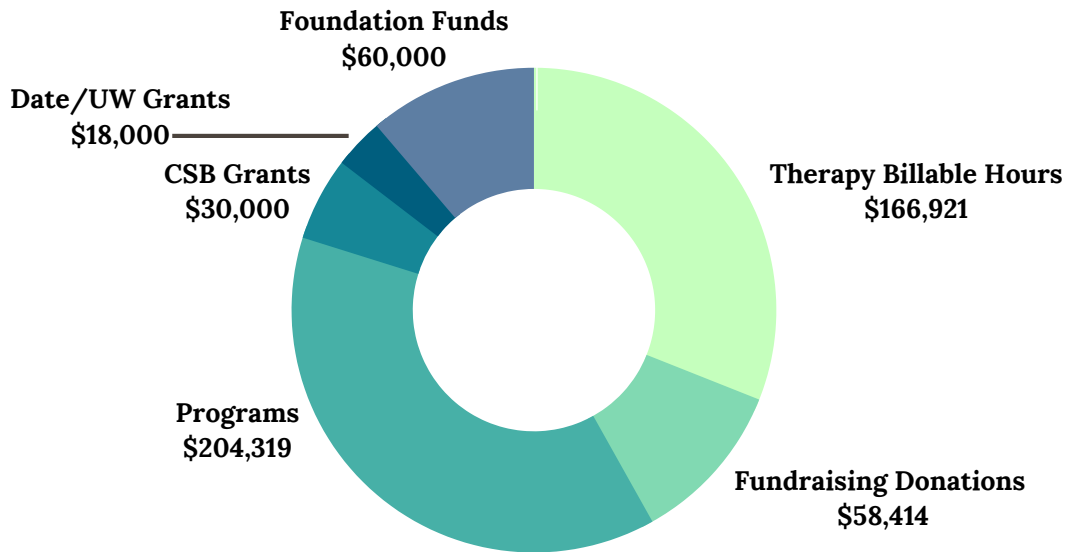
We are committed to serving all children in need, especially the most vulnerable. Of our clients receiving services in 2019, 283 lived at or below the Federal Poverty Level.

Client Race/Ethnicity



Less than 1% self-reported as Other

FRASER COUNSELING CENTER 2019 REVENUE

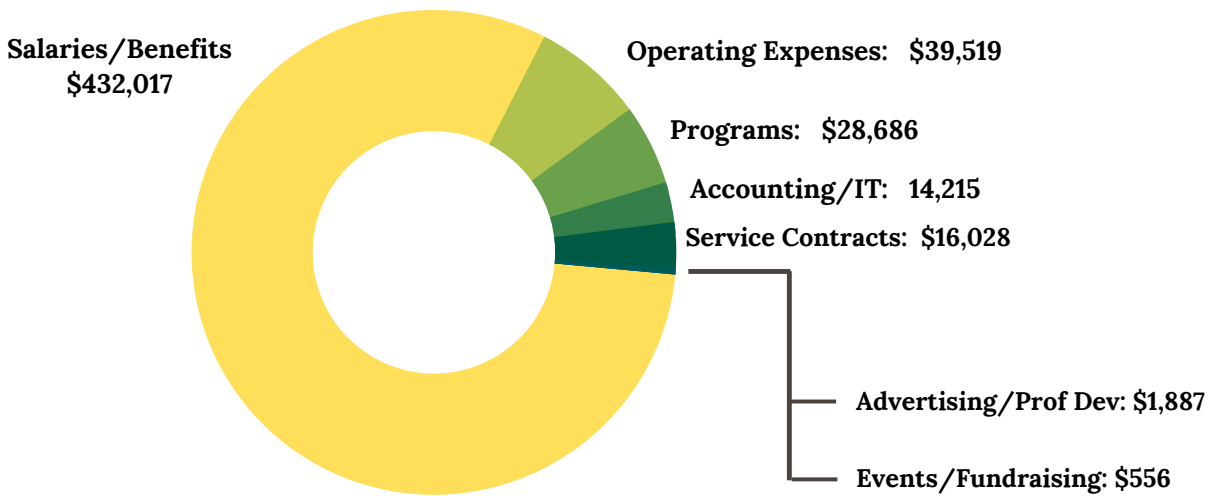


TOTAL: \$538,184

Not pictured: Gifts/Other totaling \$530

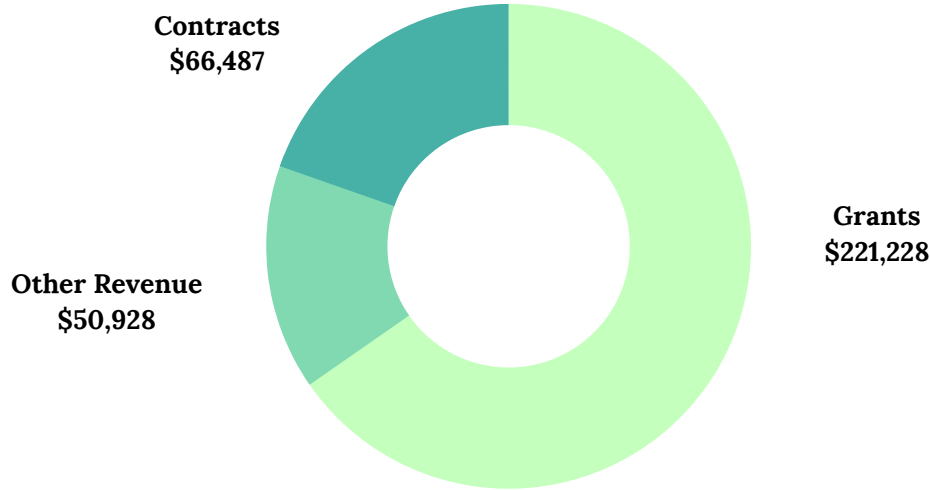
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FRASER COUNSELING CENTER 2019 EXPENSES



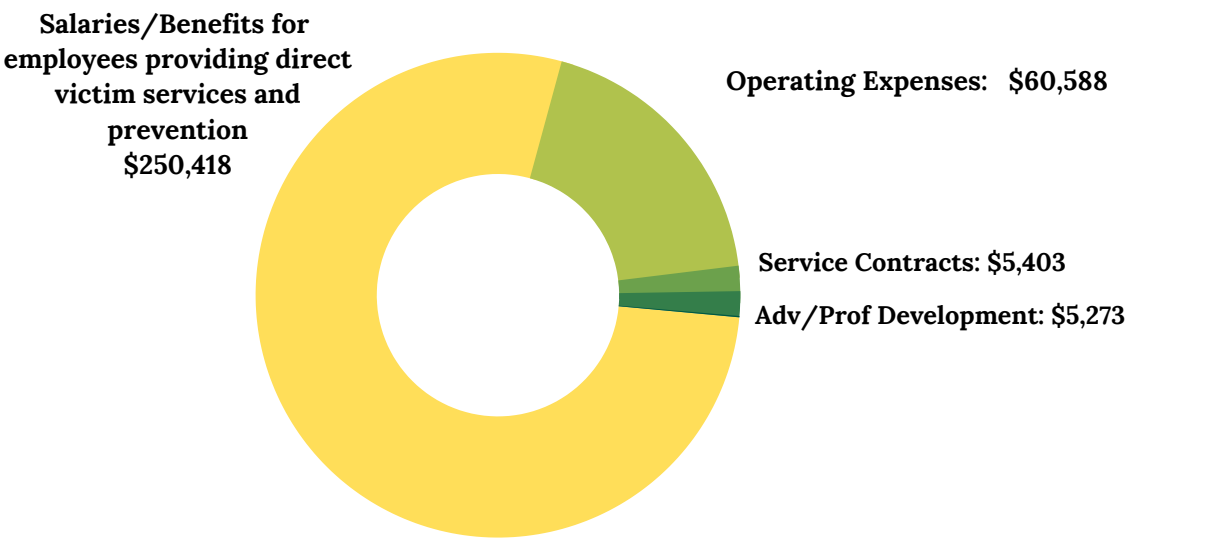
TOTAL: \$532,908

HELEN'S HAVEN 2019 REVENUE



TOTAL: \$338,643

HELEN'S HAVEN 2019 EXPENSES



TOTAL: \$321,963

Not Pictured: Accounting/IT totaling \$281

SUPPORT

ACKNOWLEDGEMENTS

The staff and providers of The Fraser Counseling Center and Helen's Haven Children's Advocacy Center wish to offer our sincere thanks to you: our partners, sponsors, and donors. Without your support, we would not be able to offer many vital services to our community.

PARTNERS AND SPONSORS

| | |
|--|---------------------------------------|
| Amazon Smile | GeoVista Credit Union |
| Andy Bennett, The Bennett Agency | Heritage Bank |
| Atlantic Judicial Circuit | Hinesville Methodist Church Women |
| Bryan County Board of Commissioners | Hinesville Rotary Club |
| Bryan County Family Connection | Holtzman Real Estate Services |
| City of Hinesville and the Homeless Prevention Program | Juke Box Bar and Grill |
| Coastal Harbor Health System | Kroger |
| Coca-Cola | Liberty County Board of Commissioners |
| David Sapp | Liberty County Chamber, CVB |
| Diversity Health Center | Liberty County Chamber of Commerce |
| Evans County Family Connection | Liberty County Family Connection |
| Farmer's Natural Foods | Liberty County Homeless Coalition |
| Floors & Decor Distribution Center | Liberty County School System |
| Ft. Stewart | Liberty Regional Medical Center |
| Georgia Department of Behavioral Health and Developmental Disabilities | Long County Family Connection |
| | Dr. Terry Lyle, DDS |

SUPPORT

PARTNERS AND SPONSORS

McIntosh County Family Connection
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MLFF Community Support Board
Project Linus
St. Joseph/Candler Immediate Care
St. Phillip's Episcopal Church
Tattnall County Family Connection
Tri-County Protective Agency
United Way Bryan County
United Way of the Coastal Empire
United Way Liberty County
Women United Transportation Program

HELEN'S HAVEN 5K SPONSORS

Andy Bennett, The Bennett Agency
Farmer's Natural Foods
Terri Liles
Quality Furniture and Mattress
Melissa C. Ray
Mike Reed Chevrolet
David Sapp
Savannah Coca-Cola Bottling Co United
Sherry Somerville

DONORS

| | | |
|-----------------------------------|---|---|
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| Allenhurst Presbyterian Church | Ed and Libby Hodge | Mike Reed |
| Nena Amuzie | Babs Holtzman | Crystal Robinson-West |
| Joe Anderson | Doug Hutto | Dr. Robert & Bernice Simmons |
| Marilyn Bianculli | Tara Jennings | Amber Smith |
| Jacqueline Brewer | Carrie Jones | Nancy Snead |
| Mary Caraballo | Karen Krupp | Sherry Somerville |
| Matt Cardella | Estate of John Lambert | Helen Stanford |
| Christian Women's Ministry | Terri Liles | Paulette Stetzer |
| Sue Collins | Rebecca Loskoski | Kelly Stimpert |
| Ann Douglas | Alan McGregor (Cornerlight Foundation) | Donita Strickland |
| Mr. and Mrs. Larry Evans | Midway Congregational Church | Sheila Thurman |
| Stephanie Falls | Bruce Muncher | William Unruh |
| First United Methodist Church | Elise Muncher | Erika Ward |
| Carolyn Fraser | Amy Perkins-Murphy | Clemontine Washington |
| JoAnn Hagan | Donna Ploth | Donna Webb |
| Helene Harris | Presbyterian Women, First Presbyterian Church of Hinesville | William G. Webster |
| William Herring | | Willia Wesley |
| Katherine Hindman | | Teresa Winn |
| | | The Y-Nawt Shop (Mr. and Mrs. Jared Smith) |